

Fecha Competencia: 21.may.22

N°	NOMBRE Y APELLIDO	E/RI/SEX	F. Nac	PESO	Edad	DIV 1	Cat.	Provincia	GYM	BENCHPRESS				SUB.	DEADLIFT				TOTAL	
										1.	2.	3.	4		1.	2.	3.	4		
1	Vallinoto Diana	Raw	F	14/5/1986	43,65	36	SubM	44,0	Buenos Aires	SPORT GYM	55,0	60,0	66,0	.	66,0	125,0	130,0	-135,0	NO	196,0
2	Lara Candela Fernandez	Raw	F	21/10/2005	47,50	16	T3	48,0	Rio Negro	VILLA REGINA	27,5	30,0	-32,5	NO	30,0	60,0	62,5	-65,0	NO	92,5
3	Micaela Roxana Acosta Lepez	Raw	F	3/4/2006	55,50	16	T3	56,0	La Pampa	GENERAL ACHA	55,0	60,0	65,0	.	65,0	90,0	100,0	110,0	.	175,0
4	Geraldine Agustina Leiva	Raw	F	13/6/2003	55,50	18	T4	56,0	Rio Negro	SAN ANTONIO OESTE	45,0	50,0	-53,0	NO	50,0	110,0	115,0	120,5	.	170,5
5	Griselda Soler	Raw	F	15/5/1965	54,40	57	M3	56,0	Buenos Aires	SPORT GYM	62,5	-67,5	-67,5	NO	62,5	115,0	120,0	127,5	.	190,0
6	Soledad Uriz	Raw	F	7/2/1997	60,00	25	Junior	60,0	Buenos Aires	SPORT GYM	45,0	50,0	55,0	.	55,0	120,0	130,0	140,0	.	195,0
7	Carolina Aldana Franco	Raw	F	23/6/1996	66,60	25	Junior	67,5	Buenos Aires	POLIFEMU GYM	80,0	95,0	105,0	.	105,0	135,0	145,0	152,5	.	257,5
8	Natalia Ballesteros	Raw	F	6/1/1991	61,00	31	Open	67,5	Buenos Aires	MOSTRO GYM MDQ	62,5	67,5	71,0	.	71,0	-140,0	-140,0	-140,0	NO	DESC
9	Yanina Soledad Mansilla	Raw	F	27/3/1995	67,30	27	Open	67,5	Buenos Aires	POLIFEMU GYM	25,0	30,0	-35,0	NO	30,0	70,0	80,0	85,0	.	115,0
10	Jimena Quintana	Raw	F	14/10/1984	61,60	37	SubM	67,5	Buenos Aires	POLIFEMU GYM	30,0	40,0	55,0	.	55,0	95,0	105,0	120,0	.	175,0
11	Analia Muñoz	Raw	F	19/11/1978	61,00	43	M1	67,5	San Luis	ROJAS TEAM	55,0	-62,5	-62,5	.	55,0	125,0	130,0	135,0	.	190,0
12	Vanesa Andrea Aguilar	Raw	F	28/11/1978	66,50	43	M1	67,5	Buenos Aires	POLIFEMU GYM	25,0	35,0	45,0	.	45,0	95,0	100,0	-105,0	NO	145,0
13	Silvia Verónica Centurión	Raw	F	19/1/1979	63,20	43	M1	67,5	Buenos Aires	POLIFEMU GYM	30,0	40,0	52,5	.	52,5	95,0	105,0	120,0	.	172,5
14	Carolina Cuello	Raw	F	24/3/1989	75,00	33	SubM	75,0	La Pampa	ROJAS TEAM	85,0	92,5	-100,0	NO	92,5	170,0	180,0	190,0	.	282,5
15	Eliana Ledesma	Raw	F	26/6/1984	74,30	37	SubM	75,0	Córdoba	RIO CUARTO	100,0	-110,0	.	NO	100,0	190,0	200,0	-210,0	NO	300,0

17	Dago Espinoza	Raw	M	12/9/1992	65,50	29	Open	67,5	Buenos Aires	SPORT GYM	45,0	50,0	55,0	.	55,0	120,0	130,0	-135,0	NO	185,0
18	Malco Leyes	Raw	M	30/1/1993	67,50	29	Open	67,5	Buenos Aires	ROJAS TEAM	70,0	-72,5	72,5	.	72,5	135,0	140,0	145,0	.	217,5
19	Eduardo Agustín Salvó	Raw	M	10/6/1998	73,40	23	Junior	75,0	Rio Negro	VILLA REGINA	85,0	-90,0	90,0	.	90,0	180,0	185,0	-187,5	NO	275,0
20	Juan Fernandez	Raw	M	2/3/1992	74,60	30	Open	75,0	Buenos Aires	MIRAMAR	87,5	90,0	-92,5	NO	90,0	180,0			NO	270,0
21	Cristian Garzolio	Raw	M	13/11/1986	75,00	35	SubM	75,0	Rio Negro	VILLA REGINA	95,0	100,0	-105,0	NO	100,0	145,0	150,0	155,0	.	255,0
22	Santiago Ardissono	Raw	M	29/9/1975	74,4	46	M1	75,0	Buenos Aires	SPORT GYM	110,0	115,0	120,0	.	120,0	190,0	200,0	-205,0	NO	320,0
23	Ezequiel Francou	Raw	M	31/10/2002	81,80	19	T4	82,5	Rio Negro	SAN ANTONIO OESTE	120,0	125,0	-127,5	NO	125,0	215,0	225,0	-230,5	NO	350,0
24	Franco Uriona	Raw	M	30/9/2002	80,80	19	T4	82,5	Buenos Aires	MIRAMAR	120,0	125,0	130,0	.	130,0	185,0	190,0	205,0	.	335,0
25	Franco Tanos	Raw	M	1/11/1996	80,50	25	Junior	82,5	Buenos Aires	SPORT GYM	120,0	140,5	142,5	.	142,5	220,0	238,0	240,0	.	382,5
26	Jonathan Ortiz	Raw	M	30/12/1991	81,00	30	Open	82,5	Buenos Aires	MIRAMAR	115,0	117,5	120,0	.	120,0	230,0	240,0	250,0	.	370,0
27	Gustavo Arrieta	Raw	M	14/1/1991	81,60	31	Open	82,5	Buenos Aires	SPORT GYM	85,0	90,0	-97,5	NO	90,0	170,0	185,0	195,0	.	285,0
28	Brian Alexis Posee	Raw	M	7/8/1995	87,30	26	Open	90,0	Buenos Aires	POLIFEMU GYM	90,0	110,0	-117,5	NO	110,0	190,0	215,0	225,0	.	335,0
29	Franco Gabriel Poplawsky	Raw	M	15/2/1995	87,20	27	Open	90,0	Buenos Aires	MOSTRO GYM MDQ	122,5	127,5	132,5	.	132,5	205,0	215,0	225,0	.	357,5
30	Pablo Marcelo Gomory	Raw	M	19/5/1983	84,00	39	SubM	90,0	Buenos Aires	PUNTA ALTA	80,0	85,0	90,0	.	90,0	185,0	190,0	195,0	.	285,0
31	Matias Cobos	Raw	M	19/11/1985	89,50	36	SubM	90,0	Buenos Aires	OZONO	100,0	105,0	-110,0	NO	105,0	210,0	220,0	222,5	.	327,5
32	Angel Daniel Fernandez	Raw	M	1/11/1975	85,00	46	M1	90,0	Rio Negro	VILLA REGINA	100,0	105,0	-112,5	NO	105,0	200,0	210,0	-220,5	NO	315,0
33	Julio Martinez	Raw	M	20/10/1972	90,00	49	M2	90,0	Buenos Aires	TECNO GYM	100,0	105,0	110,0	.	110,0	200,0			NO	310,0
34	Jose Luis Berardi	Raw	M	19/3/1974	88,20	48	M2	90,0	Buenos Aires	SPORT GYM	110,0	120,0	-125,0	NO	120,0	200,0	210,0	215,0	.	335,0
35	Jesus Alberto Calvo	Raw	M	23/11/1991	90,50	30	Open	100,0	Rio Negro	SAN ANTONIO OESTE	140,0	145,0	-150,0	NO	145,0	155,0	160,0	170,0	.	315,0
36	Cristian Matz	Raw	M	7/1/1981	150,00	41	M1	140+	Buenos Aires	OXIDO	130,0	135,0	140,0	.	140,0	230,0	240,0	250,0	.	390,0



BENCH PRESS



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N°	NOMBRE Y APELLIDO	E/R/A	SEX	F. Nac	PESO	Edad	DIV	CAT	Provincia	GYM	1.	2.	3.	4	TOTAL
1	Diana Vallinoto	Raw	F	14/5/1986	43,65	36	SubM	44,0	Buenos Aires	SPORT GYM	55,0	60,0	66,0	.	66,0
2	Carolina Aldana Franco	Raw	F	23/6/1996	65,6	25	Junior	67,5	Buenos Aires	POLIFEMU GYM	80,0	95,0	105,0	NO	105,0
4	Guillermo Amodeo	Eq	M	3/9/1973	58,1	48	M2	60,0	Buenos Aires	SPORT GYM	90,0	-100,0	-100,0	.	90,0
5	Jeremias Reinoso	Raw	M	30/1/1982	80,5	40	M1	82,5	Buenos Aires	TECNO GYM	80,0	85,0	90,0	.	90,0
6	Diego Carriqueo	Raw	M	18/1/1980	90,0	42	M1	90,0	Buenos Aires	GIMNASIO UNIVERSO (VIEDMA)	150,0	160,0	162,5	.	162,5
7	Franco Gabriel Poplawsky	Raw	M	15/2/1995	87,2	27	Open	90,0	Buenos Aires	MOSTRO GYM MDQ	122,5	127,5	132,5	.	132,5
8	Fabian Rossi	Raw	M	18/7/1974	84,5	47	M2	90,0	Rio Negro	VILLA REGINA	120,0	130,0	.	NO	130,0
9	Jose Maria Rodriguez	Eq	M	5/8/1952	90,0	69	M5	90,0	Buenos Aires	OXIDO	90,0	95,0	100,0	.	100,0
10	Mauricio Gabriel Gomez Ojeda	Raw	M	26/10/1999	91,5	22	Junior	100,0	Rio Negro	SAN ANTONIO OESTE	-170,0	175,0	-180,0	NO	175,0
11	Andres Manrique	Raw	M	31/3/1977	92,0	45	M1	100,0	Rio Negro	SAN ANTONIO OESTE	180,0	-185,0	185,0	NO	185,0
12	Oscar Gonzalez	Raw	M	20/9/1960	98,2	61	M4	100,0	Buenos Aires	OXIDO	120,0	125,0	130,0	NO	130,0
13	Marcelo Rolando Carrizo Ortiz	Raw	M	15/7/1975	107,0	46	M1	110,0	Buenos Aires	GIMNASIO UNIVERSO (VIEDMA)	150,0	160,0	162,5	.	162,5
14	Marcelo Wagner	Raw	M	29/9/1966	105,0	55	M3	110,0	Buenos Aires	TECNO GYM	150,0	155,0	-160,0	NO	155,0
15	Cristian Ezequiel Maffini	Raw	M	26/2/1990	123,0	32	Open	125,0	San Luis	ROJAS TEAM	-80,0	90,0	-105,0	NO	90,0
16	Walter Echeverría	Raw	M	21/2/1974	111,0	48	M2	117,5	Buenos Aires	TECNO GYM	160,0	165,0	-170,0	NO	165,0
17	Juan Manuel Martel	Raw	M	1/11/1965	118,60	56	M3	125,0	Rio Negro	VILLA REGINA	100,0	105,0	110,0	.	110,0
18	Alejandro Antonio Uinca	Raw	M	14/11/1970	133,0	51	M2	140,0	Rio Negro	SAN ANTONIO OESTE	130,0	-135,0	135,0	.	135,0
19	Mario Holzman	Raw	M	30-sep-78	150,0	43	M1	140 +	Buenos Aires	TECNO GYM	145,0	150,0	-155,0	NO	150,0

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											1.	2.	3.	4	
1	Diana Vallinoto	Raw	F	14/5/1986	43,65	36	SubM	44,0	Buenos Aires	SPORT GYM	125,0	130,0	-135,0	NO	130,0
2	Griselda Soler	Raw	F	15/5/1965	54,40	57	M3	56,0	Buenos Aires	SPORT GYM	115,0	120,0	127,5	.	127,5
4	Martin San Felice	Eq. Dif	M	8/4/1985	76,00	37	SubM	82,5	Buenos Aires	PIGUE	160,0	-185,0	-185,0	NO	160,0
5	Franco Gabriel Poplawsky	Raw	M	15/2/1995	87,20	27	Open	90,0	Buenos Aires	MOSTRO GYM MDQ	205,0	215,0	225,0	.	225,0
6	Matias Cobos	Raw	M	19/11/1985	89,50	36	SubM	90,0	Buenos Aires	OZONO	210,0	220,0	222,5	.	222,5
7	Alejandro Lamperti	Eq	M	22/9/1971	86,0	51	M2	90,0	Buenos Aires	PERSONAL GYM	200,0	210,0	215,0	.	215,0
8	Luis Antonio Maldonado	Raw	M	20/10/1997	98,20	24	Junior	100,0	Buenos Aires	TECNO GYM	-200,0	210,0	-220,0	NO	210,0
9	Mariano Miravalles	Raw	M	30/10/1980	91,00	41	M1	100,0	Buenos Aires	SPORT GYM	235,0	250,0		NO	250,0
10	Alfredo Martin Rojas	Raw	M	17/9/1985	130,50	36	SubM	140,0	San Luis	ROJAS TEAM	305,0	315,0	325,0	.	325,0