



PUSH PULL



Fecha Competencia: 02-mar-24

N°	NOMBRE Y APELLIDO	SEX	F. Nac	PESO	Edad	DIV 1	Cat.	Provincia	GYM	BENCHPRESS				SUB.	DEADLIFT				TOTAL
										1.	2.	3.	4		1.	2.	3.	4	
1	Lucena Abril Rocio	F	17/4/1999	43,70	24	Junior	44,0	Buenos Aires	Milo Strength	42,5	47,5	-50,0	NO	47,5	90,0	97,5	102,5	.	150,0
2	Tello Mercedes	F	13/4/1976	51,70	47	M2	52,0	Buenos Aires	Otamendi Team	40,0	45,0	-50,0	NO	45,0	97,5	102,5	110,0	.	155,0
3	Mornacco Silvana Soledad	F	9/3/1991	54,40	32	Open	56,0	Buenos Aires	Santa Teresita	70,0	-75,0	75,0	.	75,0	100,0	115,0	-125,0	NO	190,0
4	Sarapura Sonia	F	2/9/1978	56,50	45	M1	60,0	Salta	Animalgym	60,0	65,0	70,0	.	70,0	145,0	155,0	160,0	.	230,0
5	Sandra Samudio Benitez	F	1/11/2000	59,30	23	Junior	60,0	Buenos Aires	Team Wolf	40,0	45,0	-50,0	NO	45,0	110,0	125,0	-135,0	NO	170,0
6	Altamiranda Malena	F	26/5/1999	58,10	24	Junior	60,0	Buenos Aires	Bersekera	70,0	72,5	75,0	.	75,0	135,0	142,5	150,0	.	225,0
7	Ballesteros Natalia	F	6/1/1991	58,50	33	SubM	60,0	Buenos Aires	MostroGymMdq	70,0	75,0	-77,5	NO	75,0	145,0	155,0	160,0	.	235,0
8	Rodriguez Guadalupe	F	26/1/2008	64,80	16	T3	67,5	Buenos Aires	Mostro Gym Mdq	-30,0	30,0	40,0	.	40,0	100,0	110,0	120,0	.	160,0
9	Ballesteros Maia Antonia	F	16/10/2009	65,50	14	T2	67,5	Buenos Aires	Mostro Gym Mdq	25,0	-30,0	30,0	.	30,0	70,0	80,0	-90,0	NO	110,0



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										1.	2.	3.	4		1.	2.	3.	4	
1	Benitez, Daiana	F	21/11/1994	65,70	29	Open	67,5	Buenos Aires	Corporal Kinesis	50,0	-55,0	-55,0	NO	50,0	-155,0	155,0	160,0	.	210,0
2	Cortez Graziano Micaela	F	21/6/1987	68,70	36	SubM	75,0	Buenos Aires	Chavez Team	50,0	-52,5	52,5	.	52,5	90,0	100,0	105,0	.	157,5
3	Medina Fabiana	F	19/6/2003	76,80	20	Junior	82,5	Buenos Aires	Bersekera	72,5	75,0	-80,0	NO	75,0	120,0	130,0	135,0	.	210,0
4	Alfonso Lazara Idelia	F	15/9/1992	78,30	31	Open	82,5	Buenos Aires	Corporal Kinesis	50,0	-52,5	52,5	.	52,5	110,0	120,0	127,5	.	180,0
5	Farias, Tamara Ayelen	F	18/8/1997	75,80	26	Open	82,5	Buenos Aires	Corporal Kinesis	55,0	60,0	-62,5	NO	60,0	120,0	130,0	135,0	.	195,0
6	Cancro Anabella	F	24/5/1996	79,80	27	Open	82,5	Buenos Aires	Bersekera	60,0	65,0	70,0	.	70,0	122,5	130,0	137,5	.	207,5
7	De Tomas Milagros	F	23/5/1995	96,80	28	Open	100,0	Buenos Aires	Bersekera	102,5	105,0	107,5	.	107,5	165,0	175,0	185,0	.	292,5